| Course Handicap Table | | | | | | | | |
|--------------------------------------------------|-----------------|-------------------------------|----------------|-----------------|-------------------------------|--|--|--|
| Forrester Park Golf and Country Club | | | | | | | | |
| Men's White Tees | | | | | | | | |
| Course Rating: 69.9 – Slope Rating: 132 – Par 71 | | | | | | | | |
| Handicap Index | Course Handicap | Playing Handicap Howdidido | Handicap Index | Course Handicap | Playing Handicap Howdidido | | | |
| + 5.0 to +4.7 | + 7 | + 7 | 24.5 to 25.3 | 28 | 27 | | | |
| +4.6 to +3.8 | + 6 | + 6 | 25.4 to 26.1 | 29 | 28 | | | |
| + 3.7 to + 3.0 | + 5 | + 5 | 26.2 to 27.0 | 30 | 29 | | | |
| + 2.9 to + 2.1 | + 4 | + 4 | 27.1 to 27.9 | 31 | 29 | | | |
| + 2.0 to + 1.2 | + 3 | + 3 | 28.0 to 28.7 | 32 | 30 | | | |
| + 1.1 to + 0.4 | + 2 | + 2 | 28.8 to 29.6 | 33 | 31 | | | |
| +0.3 to 0.5 | + 1 | + 1 | 29.7 to 30.4 | 34 | 32 | | | |
| 0.6 to 1.3 | 0 | 0 | 30.5 to 31.3 | 35 | 33 | | | |
| 1.4 to 2.2 | 1 | 1 | 31.4 to 32.1 | 36 | 34 | | | |
| 2.3 to 3.0 | 2 | 2 | 32.2 to 33.0 | 37 | 35 | | | |
| 3.1 to 3.9 | 3 | 3 | 33.1 to 33.8 | 38 | 36 | | | |
| 4.0 to 4.7 | 4 | 4 | 33.9 to 34.7 | 39 | 37 | | | |
| 4.8 to 5.6 | 5 | 5 | 34.8 to 35.6 | 40 | 38 | | | |
| 5.7 to 6.5 | 6 | 6 | 35.7 to 36.4 | 41 | 39 | | | |
| 6.6 to 7.3 | 7 | 7 | 36.5 to 37.3 | 42 | 40 | | | |
| 7.4 to 8.2 | 8 | 8 | 37.4 to 38.1 | 43 | 41 | | | |
| 8.3 to 9.0 | 9 | 9 | 38.2 to 39.0 | 44 | 42 | | | |
| 9.1 to 9.9 | 10 | 10 | 39.1 to 39.8 | 45 | 43 | | | |
| 10.0 to 10.7 | 11 | 10 | 39.9 to 40.7 | 46 | 44 | | | |
| 10.8 to 11.6 | 12 | 11 | 40.8 to 41.6 | 47 | 45 | | | |
| 11.7 to 12.4 | 13 | 12 | 41.7 to 42.4 | 48 | 46 | | | |
| 12.5 to 13.3 | 14 | 13 | 42.5 to 43.3 | 49 | 47 | | | |
| 13.4 to 14.2 | 15 | 14 | 43.4 to 44.1 | 50 | 48 | | | |
| 14.3 to 15.0 | 16 | 15 | 44.2 to 45.0 | 51 | 48 | | | |
| 15.1 to 15.9 | 17 | 16 | 45.1 to 45.8 | 52 | 49 | | | |
| 16.0 to 16.7 | 18 | 17 | 45.9 to 46.7 | 53 | 50 | | | |
| 16.8 to 17.6 | 19 | 18 | 46.8 to 47.5 | 54 | 51 | | | |
| 17.7 to 18.4 | 20 | 19 | 47.6 to 48.4 | 55 | 52 | | | |
| 18.5 to 19.3 | 21 | 20 | 48.5 to 49.3 | 56 | 53 | | | |
| 19.4 to 20.2 | 22 | 21 | 49.4 to 50.1 | 57 | 54 | | | |
| 20.3 to 21.0 | 23 | 22 | 50.2 to 51.0 | 58 | 55 | | | |
| 21.1 to 21.9 | 24 | 23 | 51.1 to 51.8 | 59 | 56 | | | |
| 22.0 to 22.7 | 25 | 24 | 51.9 to 52.7 | 60 | 57 | | | |
| 22.8 to 23.6 | 26 | 25 | 52.8 to 53.5 | 61 | 58 | | | |
| 23.7 to 24.4 | 27 | 26 | 53.6 to 54.0 | 62 | 59 | | | |

Instructions

When using the table, find the range of your **Handicap Index** in the left hand column. Play with the **Playing Handicap** which corresponds with it in the right hand column **Playing Handicap** is **0.95** of **Course Handicap**.

The red numbers denote your Playing Handicap.

From + 7 to 10 course handicap the playing handicap is the same.

From **11 to 30** course handicap the **playing handicap** is **one less**.

From **31 to 50** course handicap the **playing handicap** is **two less**.

From 51 to 62 course handicap the playing handicap is three less.

| Course Handicap Table | | | | | | | | |
|--------------------------------------------------|-----------------|-------------------------------|----------------|-----------------|-------------------------------|--|--|--|
| Forrester Park Golf and Country Club | | | | | | | | |
| Men's Yellow Tees | | | | | | | | |
| Course Rating: 68.9 – Slope Rating: 131 – Par 71 | | | | | | | | |
| Handicap Index | Course Handicap | Playing Handicap Howdidido | Handicap Index | Course Handicap | Playing Handicap Howdidido | | | |
| + 5.0 to +4.7 | + 8 | + 8 | 24.7 to 25.5 | 27 | 26 | | | |
| + 4.6 to +3.8 | + 7 | + 7 | 25.6 to 26.3 | 28 | 27 | | | |
| + 3.7 to + 3.0 | + 6 | + 6 | 26.4 to 27.2 | 29 | 28 | | | |
| + 2.9 to + 2.1 | + 5 | + 5 | 27.3 to 28.1 | 30 | 29 | | | |
| + 2.0 to + 1.3 | + 4 | + 4 | 28.2 to 28.9 | 31 | 29 | | | |
| + 1.2 to + 0.4 | + 3 | + 3 | 29.0 to 29.8 | 32 | 30 | | | |
| +0.3 to 0.5 | + 2 | 2 | 29.9 to 30.7 | 33 | 31 | | | |
| 0.6 to 1.3 | + 1 | 1 | 30.8 to 31.5 | 34 | 32 | | | |
| 1.4 to 2.2 | 0 | 0 | 31.6 to 32.4 | 35 | 33 | | | |
| 2.3 to 3.1 | 1 | 1 | 32.5 to 33.2 | 36 | 34 | | | |
| 3.2 to 3.9 | 2 | 2 | 33.3 to 34.1 | 37 | 35 | | | |
| 4.0 to 4.8 | 3 | 3 | 34.2 to 35.0 | 38 | 36 | | | |
| 4.9 to 5.6 | 4 | 4 | 35.1 to 35.8 | 39 | 37 | | | |
| 5.7 to 6.5 | 5 | 5 | 35.9 to 36.7 | 40 | 38 | | | |
| 6.6 to 7.4 | 6 | 6 | 36.8 to 37.6 | 41 | 39 | | | |
| 7.5 to 8.2 | 7 | 7 | 37.7 to 38.4 | 42 | 40 | | | |
| 8.3 to 9.1 | 8 | 8 | 38.5 to 39.3 | 43 | 41 | | | |
| 9.2 to 10.0 | 9 | 9 | 39.4 to 40.1 | 44 | 42 | | | |
| 10.1 to 10.8 | 10 | 10 | 40.2 to 41.0 | 45 | 43 | | | |
| 10.9 to 11.7 | 11 | 10 | 41.1 to 41.9 | 46 | 44 | | | |
| 11.8 to 12.5 | 12 | 11 | 42.0 to 42.7 | 47 | 45 | | | |
| 12.6 to 13.4 | 13 | 12 | 42.8 to 43.6 | 48 | 46 | | | |
| 13.5 to 14.3 | 14 | 13 | 43.7 to 44.5 | 49 | 47 | | | |
| 14.4 to 15.1 | 15 | 14 | 44.6 to 45.3 | 50 | 48 | | | |
| 15.2 to 16.0 | 16 | 15 | 45.4 to 46.2 | 51 | 48 | | | |
| 16.1 to 16.9 | 17 | 16 | 46.3 to 47.0 | 52 | 49 | | | |
| 17.0 to 17.7 | 18 | 17 | 47.1 to 47.9 | 53 | 50 | | | |
| 17.8 to 18.6 | 19 | 18 | 48.0 to 48.8 | 54 | 51 | | | |
| 18.7 to 19.4 | 20 | 19 | 48.9 to 49.6 | 55 | 52 | | | |
| 19.5 to 20.3 | 21 | 20 | 49.7 to 50.5 | 56 | 53 | | | |
| 20.4 to 21.2 | 22 | 21 | 50.6 to 51.4 | 57 | 54 | | | |
| 21.3 to 22.0 | 23 | 22 | 51.5 to 52.2 | 58 | 55 | | | |
| 22.1 to 22.9 | 24 | 23 | 52.3 to 53.1 | 59 | 56 | | | |
| 23.0 to 23.8 | 25 | 24 | 53.2 to 53.9 | 60 | 57 | | | |
| 23.9 to 24.6 | 26 | 25 | 54.0 to 54.0 | 61 | 58 | | | |

Instructions

When using the table, find the range of your **Handicap Index** in the left hand column. Play with the **Playing Handicap** which corresponds with it, in the right hand column. **Playing Handicap** is **0.95** of **Course Handicap**.

The red numbers denote your Playing Handicap.

From + 8 to 10 course handicap the playing handicap is the same.

From **11 to 30** course handicap the **playing handicap** is **one less**.

From **31 to 50** course handicap the **playing handicap** is **two less**.

From 51 to 61 course handicap the playing handicap is three less.

| Course Handicap Table | | | | | | | | |
|------------------------------------------------|-----------------|-------------------------------|----------------|-----------------|-------------------------------|--|--|--|
| Forrester Park Golf and Country Club | | | | | | | | |
| Winter qualifier Men's Red Tees | | | | | | | | |
| Course Rating: 68 – Slope Rating: 127 – Par 72 | | | | | | | | |
| Handicap Index | Course Handicap | Playing Handicap Howdidido | Handicap Index | Course Handicap | Playing Handicap Howdidido | | | |
| + 5.0 to +4.9 | + 10 | + 10 | 25.4 to 26.2 | 25 | 24 | | | |
| +4.8 to +4.1 | + 9 | + 9 | 26.3 to 27.1 | 26 | 25 | | | |
| + 4.0 to + 3.2 | + 8 | + 8 | 27.2 to 28.0 | 27 | 26 | | | |
| + 3.1 to + 2.3 | + 7 | + 7 | 28.1 to 28.9 | 28 | 27 | | | |
| + 2.2 to + 1.4 | + 6 | + 6 | 29.0 to 29.8 | 29 | 28 | | | |
| + 1.3 to + 0.3 | + 5 | + 5 | 29.9 to 30.6 | 30 | 29 | | | |
| +0.4 to 0.4 | + 4 | + 4 | 30.7 to 31.5 | 31 | 29 | | | |
| 0.5 to 1.3 | + 3 | + 3 | 31.6 to 32.4 | 32 | 30 | | | |
| 1.4 to 2.2 | + 2 | + 2 | 32.5 to 33.3 | 33 | 31 | | | |
| 2.3 to 3.1 | + 1 | +1 | 33.4 to 34.2 | 34 | 32 | | | |
| 3.2 to 4.0 | 0 | 0 | 34.3 to 35.1 | 35 | 33 | | | |
| 4.1 to 4.8 | 1 | 1 | 35.2 to 36.0 | 36 | 34 | | | |
| 4.9 to 5.7 | 2 | 2 | 36.1 to 36.9 | 37 | 35 | | | |
| 5.8 to 6.6 | 3 | 3 | 37.0 to 37.8 | 38 | 36 | | | |
| 6.7 to 7.5 | 4 | 4 | 37.9 to 38.7 | 39 | 37 | | | |
| 7.6 to 8.4 | 5 | 5 | 38.8 to 39.5 | 40 | 38 | | | |
| 8.5 to 9.3 | 6 | 6 | 39.6 to 40.4 | 41 | 39 | | | |
| 9.4 to 10.2 | 7 | 7 | 40.5 to 41.3 | 42 | 40 | | | |
| 10.3 to 11.1 | 8 | 8 | 41.4 to 42.2 | 43 | 41 | | | |
| 11.2 to 12.0 | 9 | 9 | 42.3 to 43.1 | 44 | 42 | | | |
| 12.1 to 12.9 | 10 | 10 | 43.2 to 44.0 | 45 | 43 | | | |
| 13.0 to 13.7 | 11 | 10 | 44.1 to 44.9 | 46 | 44 | | | |
| 13.8 to 14.6 | 12 | 11 | 45.0 to 45.8 | 47 | 45 | | | |
| 14.7 to 15.5 | 13 | 12 | 45.9 to 46.7 | 48 | 46 | | | |
| 15.6 to 16.4 | 14 | 13 | 46.8 to 47.6 | 49 | 47 | | | |
| 16.5 to 17.3 | 15 | 14 | 47.7 to 48.4 | 50 | 48 | | | |
| 17.4 to 18.2 | 16 | 15 | 48.5 to 49.3 | 51 | 48 | | | |
| 18.3 to 19.1 | 17 | 16 | 49.4 to 50.2 | 52 | 49 | | | |
| 19.2 to 20.0 | 18 | 17 | 50.3 to 51.1 | 53 | 50 | | | |
| 20.1 to 20.9 | 19 | 18 | 51 2 to 52.0 | 54 | 51 | | | |
| 21.0 to 21.7 | 20 | 19 | 52.1 to 52.9 | 55 | 52 | | | |
| 21.8 to 22.6 | 21 | 20 | 53.0 to 53.8 | 56 | 53 | | | |
| 22.7 to 23.5 | 22 | 21 | 53.9 to 54.0 | 57 | 54 | | | |
| 23.6 to 24.4 | 23 | 22 | | | | | | |
| 24.5 to 25.3 | 24 | 23 | | | | | | |

Instructions

When using the table, find the range of your **Handicap Index** in the left hand column. Play with the **Playing Handicap** which corresponds with it, in the right hand column. **Playing Handicap** is **0.95** of **Course Handicap**.

The red numbers denote your Playing Handicap.

From + 10 to 10 course handicap the playing handicap is the same.

From **11 to 30** course handicap the **playing handicap** is **one less**.

From **31 to 50** course handicap the **playing handicap** is **two less**.

From 51 to 57 course handicap the playing handicap is three less.